



Respiratory Outbreak Training for LTC Homes Syllabus



Overview

Long-term care home residents are particularly vulnerable to acute respiratory infections (ARIs) due to age-related immune decline and shared living environments. This module equips learners with the knowledge and skills to recognize, assess, and effectively manage respiratory outbreaks. Learners will explore early warning signs, transmission routes, surveillance practices, and outbreak containment measures that span across care, environmental services, and support staff.

Learning Objectives:

By the end of this module, learners will be able to:

1. Recognize signs and symptoms of acute respiratory infections (ARIs) in residents and staff.
2. Identify criteria for suspected and confirmed respiratory outbreaks.
3. Implement outbreak management measures according to public health and IPAC guidelines.
4. Apply effective surveillance techniques and accurate case definitions.
5. Coordinate cross-functional outbreak control strategies in areas such as laundry, food services, maintenance, and direct care.
6. Determine when an outbreak has concluded and initiate appropriate follow-up actions.

Module Outline

1. Acute Respiratory Infection Susceptibility
2. Symptoms
3. Transmission
4. Surveillance
5. Case Definition
6. Outbreak Definition
7. Detection & Management
8. Suspected Outbreak Definition
9. Outbreak Measures
10. Outbreak Measures – Residents, Staff, Laundry, Environmental services, Maintenance and Food Services
11. Outbreak Over

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