

## Carbapenemase-Producing Enterobacteriaceae (CPE) in LTC: Syllabus

## **Overview:**

Carbapenemase-Producing Enterobacteriaceae (CPE) are a group of highly drug-resistant bacteria that pose a serious threat to residents in long-term care (LTC) settings. This module explores the nature of CPE, including how these organisms develop resistance to powerful antibiotics like carbapenems, and the dangers associated with colonization and infection. Through scenario-based learning, learners will gain insights into how CPE spreads—both directly and indirectly—within healthcare environments. Emphasis is placed on the role of staff across departments in identifying risk factors, managing drainage systems safely, and applying consistent infection prevention and control strategies. Learners will also review practical steps in antibiotic stewardship, environmental cleaning, and appropriate PPE usage to reduce transmission and protect vulnerable populations. This module equips LTC staff with the knowledge and skills needed to mitigate the risks and respond effectively to CPE-related challenges.

## **Learning Objectives:**

By the end of this module, learners will be able to:

- 1. Identify key characteristics of Carbapenemase-Producing Enterobacterales
- 2. Describe the difference between colonization and infection in the context of CPE
- Identify the direct and indirect pathways through which CPE spreads within healthcare environments
- 4. List the risk factors that contribute to CPE colonization and infection
- 5. Recall the key infection prevention and control strategies used to reduce the transmission of CPE

## **Module Outline**

- 1. What Do You Know About CPE?
- 2. What is CPE
- 3. Why is CPE Dangerous?
- 4. Colonization vs. Infection
- 5. What is Colonization?
- 6. Key Facts About Colonization
- 7. Risks of Colonization
- 8. CPE in Long-Term Care Facilities
- 9. CPE Infection
- 10. Types of CPE Infection
- 11. Why CPE Infections Are Dangerous
- 12. Diagnosing CPE Infections
- 13. Scenario-based learning

- 14. Transmission Modes and Pathways of CPE
- 15. Direct Contact Transmission
- 16. Indirect Contact Transmission
- 17. Drain Management and Its Role in CPE Reduction
- 18. Proper Disposal of Fluids
- 19. Regular Drain Treatments
- 20. Drain Treatment Plans
- 21. Case Study: CPE Outbreak in Japan
- 22. Additional Considerations
- 23. Preventing CPE Transmission
- 24. Admission to Healthcare Facilities
- 25. Pre-Emptive Contact Precautions
- 26. Additional Risk Factors
- 27. Individual Resident Risk Factors
- 28. Prevention Strategies for LTC Staff
- 29. Clinical Staff
- 30. Antibiotic Stewardship Programs
- 31. Infection Control Measures
- 32. Environmental Cleaning
- 33. Education and Training
- 34. Minimize Invasive Device Use
- 35. Prevention Strategies for Laundry Staff
- 36. Wear Appropriate PPE
- 37. Use Proper Containment
- 38. Transport Linen Safely
- 39. Avoid Cross-Contamination
- 40. Prevention Strategies for Environmental Staff
- 41. Identify Types of Waste
- 42. Personal Protective Equipment (PPE)
- 43. Regular Waste Disposal
- 44. Waste Transportation
- 45. Disinfection
- 46. Prevention Strategies for Dietary Staff
- 47. Wear Appropriate PPE
- 48. Dietary Modifications

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