### **Modes of Disease Transmission**

## Contact Exposure



### **Direct Contact**

Microorganisms transfer through physical contact.



#### **Indirect Contact**

Microorganisms transfer via inanimate objects (e.g., shared medical equipment).

**Diseases:** C. difficile, AROs, gastroenteritis.

# 2 Droplet Exposure



#### **Direct Contact**

Exposure to respiratory droplets generated by coughing and sneezing.



#### **Indirect Contact**

Touching surfaces that have settled infectious droplets, then touching the eyes, ears or 

**Diseases:** RSV, influenza, COVID-19.

## **3** Airborne Exposure



#### **Process**

Small particles travel long distances and are inhaled.



#### Actions

Coughing, sneezing, talking.

Diseases: Various respiratory infections such as Measles, Tuberculosis and Chickenpox.